- 1. Taking a "long and loving look," what do I see in this image? What stands out to me?
- 2. "Listening" with my eyes and my heart, how do I receive the invitation in this image?
- 3. What is the "story" that this image tells me? Where am I in this story? What feelings arise in me?
- 4. How does this image connect with what is going on in my life at this time?
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